



# Risk Assessment Form

This form should be used in association with the relevant Emergency Action plan.

Venue:		Ashville College		Venue Contact Name & Contact Details:	Not Applicable
Address: (Include postcode)		Ashville College Green Lane Harrogate HG2 9JP			
Group:		Harrogate Tri Club Juniors (Members Only Group)		Location of first-aider:	Coach or Identified member or facility staff
Date:		Thursday		Location of Defibrillator	Sports centre reception
Time:		6pm - 7pm		Location of telephone:	Mobile phone of coaches
Participants:	Number:	Max groups of 16 (led by a L2 - based on latest BTF guidance)		Location of toilets:	Sports centre
	Age:	8 - 15		Location of changing rooms:	N/A
	Ability:	Novice to regular cyclists and runners		Location of first-aid kit:	Sports centre
Lead coach name:		Patrick Craig / Paul Sinclair		Stocked and maintained:	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
Venue documents read and understood  (please ✓ appropriate box):		Normal operating procedures: <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No		Additional notes:  All training is delivered outside on a large ATP. We haven't seen an NOP or H&S Policy for this space, however this isn't a concern to the coaching team	
		Health and safety policy: <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No			
		Emergency action plan (EAP): <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No			
Name of person conducting risk assessment:			Signed:		Date:
Patrick Craig					21/10/20

\*\* Underpinning this risk assessment is a commitment to delivering sessions in accordance with both government at BTF guidance at the time of writing (19<sup>th</sup> October 2020)\*\*

- Coach to athlete ratio (1:16) – coordinated through a booking system
- All sessions will be led by a L2 coach
- Social Distancing (1m+) – all activity delivered outdoors
- Access to toilets now available
- Parents can now observe from a distance. Advised to adhere to social distancing and groups of 6

### Risk Assessment Form

Location & Description of Hazard:	People at Risk:	Level of Risk (High/Medium/Low):	Advice Required: (from whom)	Action(s) to Mitigate/ Remove Risk:	Person responsible for resolution:	Residual Risk: After resolution	Dates Reviewed
COVID 19 symptoms	Athletes, Coaches, Parents	Likelihood: M Impact: H	Yes (NHS)	Parents advised that if a parent or child is displaying any COVID 19 symptoms they MUST inform the Head Coach and NOT attend a session. If symptoms appear with 48hrs of session, they MUST inform the Head Coach who will then notify the parents of children in that particular coaches group  If a member of a household is self-isolating, whether they have symptoms or not, children should not be brought to sessions until quarantine period has finished or a test has been carried out	Coach / Parent	Likelihood: L Impact: H	21/10/20

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Collision with athletes attending the session	Athletes and Coach	Likelihood: L Impact: L	No	Groups of 16 - spaced out taking advantage of large artificial pitch area  Coach to design sessions to try and avoid potential collisions between athletes. Issue to be covered in the session brief	Coach	Likelihood: L Impact: L	21/10/2020
Collision with members of the public	Athletes and members of the public	Likelihood: L Impact: L	No	Majority of sessions take place within the confines of facility grounds (either on grass or large tarmac area)  Consideration should also be given to the use of head torches is the route required it.	Coach	Likelihood: L Impact: L	30/06/2020
Collision with animals – eg dogs	Athletes	Likelihood: L Impact: L	No	Majority of sessions take place within the confines of facility grounds (either on grass or large tarmac area)	Coach and Athlete	Likelihood: L Impact: L	30/06/2020
Collision with runners and cyclists	Athlete	Likelihood: M Impact: H	No	Sessions designed to minimise the chances of collision between juniors running and cycling. Clear instructions will be provided by coaches. Transition areas set up to try and avoid runners and cyclists crossing over	Coach and Athlete	Likelihood: L Impact: H	30/06/2020
Injury due to trips and falls	Athletes	Likelihood: M Impact: M	No	Ensure athletes report any medical conditions or injuries to the coach at the start of the session.  Appropriate foot wear to be worn by athletes. No cleats allowed for sessions on tarmac	Coach and Athlete	Likelihood: L Impact: M	30/06/2020

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				<p>Cycling exercises designed to prevent tight cornering at speed</p> <p>Each session to have a structured plan including a warm up and be variable enough for different abilities so as not to stress less experienced athletes</p>			
<p>Injury to weather</p> <p>Risk of overheating in warm weather and hypothermia in cold weather</p> <p>Risk of slipping or falls on running surface.</p>	Athletes	Likelihood: M Impact: M	No	<p>Coach to ensure conditions are suitable and cancel if necessary.</p> <p>Coach to design or be prepared to adjust the session to take into account the weather conditions,</p> <p>During session brief ensure athletes are aware of the dangers and have suitable clothing for the cold, heat and wind.</p> <p>Athletes to have water particularly during warmer conditions. Time of session will avoid the peak heat times of the day.</p> <p>Athletes to have appropriate footwear for the conditions</p>	Coach and Athlete	Likelihood: L Impact: M	30/06/2020

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Group Management  Lost Athletes	Athletes	Likelihood: L Impact: M	No	Majority of sessions take place in a controlled environment within sports grounds. Clear instructions provided to parents re drop off and collection point.  Sessions always supported by assistant coaches and parent helpers	Coach & Athletes	Likelihood: L Impact: L	30/06/2020

Add more pages as required

